JAMIE KIMBLE
FOUNDATION
FORCOURAGE

Making an Impact

The Jamie Kimble Foundation for Courage is dedicated to building a future where safety, respect, and love are the standard for every relationship.

















A Message from our CEO

As we reflect on 2024, we are both humbled and energized by the progress made in our mission to prevent interpersonal violence before it begins. Interpersonal violence victimization (IVV)—including teen dating violence, sexual violence, and bullying—is a serious public health issue and an adverse childhood experience that can have lifelong impacts. At the Jamie Kimble Foundation for Courage, we believe these outcomes are preventable, and we remain committed to being a catalyst for change in our community and beyond.

This year, we've seen remarkable growth in our primary prevention efforts. From expanding Courage Clubs in schools to our Voices4Courage programs on college campuses to the parenting classes and resources that empower families to have the Courageous Conversation, we are laying a stronger foundation for a future free of violence. Each of these programs is rooted in education, empathy, and engagement—meeting youth and families where they are and equipping them with tools to recognize, resist, and rise above violence.

Our work would not be possible without the incredible support from our advisors, partners, and community. I want to express my heartfelt gratitude to the Courage Club advisors who lead with passion and creativity, helping students learn about healthy relationships in ways that truly resonate. Thank you to our generous sponsors and donors whose investments fund critical programming and outreach. Thank you to our community partners for walking alongside us, breaking down barriers, and building safe environments—one person, one conversation, one step at a time.

Together, we are not just raising awareness—we are creating change. With your continued support, we look forward to another year of growth, impact, and, most importantly, prevention. Because interpersonal violence is preventable, and together, we can stop it before it begins.



Dr. Sherill Carrington, DSW, MS
Chief Executive Officer
Jamie Kimble Foundation for Courage



"It's not okay to be a bystander. If you think you're just doing nothing, that's exactly what you're doing. You're doing nothing to help. And you need to help."

Ben Pfaller
Teens for Courage Leader at Butler High School

— and the —

2024 Above and Beyond the Call of Duty Student Scholarship Recipient



"It's clear that all of the work that you've done and the work that you continue to do is not only necessary, but it's timely, and it can actually save lives."

Alma Adams
U.S. Congresswoman,
Speaking at the Jamie Kimble Foundation for Courage Visionaries in Prevention Luncheon

Courage by the Numbers

20,098 Visitors

To TeensforCourage.org, the online hub of our efforts to end all forms of teen dating violence (TDV). In just three years, visitors to the site ***increased by nearly 1,600%***. What an exciting testament to the growth of our Teens for Courage program!

553 Supporters

Attended the Visionaries in Prevention luncheon, our flagship educational and fundraising event, on October 22. We were proud to honor ***Tepper Sports and Entertainment***, ***U.S. Congresswoman Alma Adams***, and ***Olympic Silver Medalist Anna Cockrell*** as co-recipients of the 2024 Jill Dinwiddie Courage to Soar Award.

6 Essential Topics

Covered in the 5th Annual Teens for Courage Summit on March 12. Our signature event for teens has grown at least ten percent each year, with ***573 students in attendance in 2024***! Each year, experts and peers address, educate, and promote awareness of issues around healthy relationships and prevention of interpersonal violence. 2024 workshop topics included Artificial Intelligence, Financial Abuse, Abuse Prevention in the Family, and Human Trafficking.

13 Teens for Courage Board Members

We believe that teens are the key to a future without violence. They are the first line of defense for other teens and often go to friends and peers for support before seeking help from family or other adults. Teens for Courage initiatives are led by a group of Board Members with support and guidance from adult mentors from their schools and community.



Voices4Courage (V4C) Wingate University Founder, Lillian Johnson

We are so proud to introduce Lillian Johnson, who took the initiative to form a college-level Courage Club as a student at Wingate University. Lillian is working toward a degree in Exercise Science with a minor in Creative Writing. She plans to continue her studies with a masters degree and PhD in Exercise Science, with the goal of becoming an athletic trainer. Thank you, Lillian, for sharing your story and inspiring others to help build a future without violence!

How did Voices4Courage come about?
After being part of a Courage Club in high school, I was inspired to start my own club as a student at Wingate. I wanted to do something for the college level and utilize the fact that my university is smaller. I wanted to do more to help out the community.

Why are prevention programs important for high school and college students?
Young minds are so impressionable. Adults set the example for what we will become–relationships are a part of this.

What are your goals for Voices4Courage?
My goal is for the chapter to be able to raise money every year and donate to shelters. I hope other schools will be able to create chapters.

How can people help the cause?
Donating to the Jamie Kimble Foundation helps all the clubs, including Voices4Courage. Following our social media platforms to stay informed is also a great way to show your support!

Foundation Leadership

Board of Directors

Serena Cockrell
Community Volunteer

Nina Jackson
Community Volunteer

Willie Ratchford
Executive Director, City of Charlotte Community Relations

Lisa Rhyne
Government and Community Relations Manager, Piedmont Natural Gas

R. Michelle Vance
Community Volunteer

Robyn B. Withrow
Assistant District Attorney, Mecklenburg County District Attorney's Office

Crystal Rilee
General Auditor, Global Operations, Bank of America

Simone Suber
Talent Acquisition Specialist, UPS

Advisory Board Committee

Johnny Jennings
Chief of Police, Charlotte Mecklenburg Police Department

Ron and Jan Kimble
JKFFC Founders

Jessica Salzman, MD
Associate Professor of Emergency Medicine, Atrium Health

JKFFC Staff

Dr. Sherill Carrington, DSW, MS
Chief Executive Officer

Mikayla Phillips
Social Media Content Developer



"This program gave me the courage to stand up for myself and for others... Every time I felt pulled down, this community helped pull me back up."

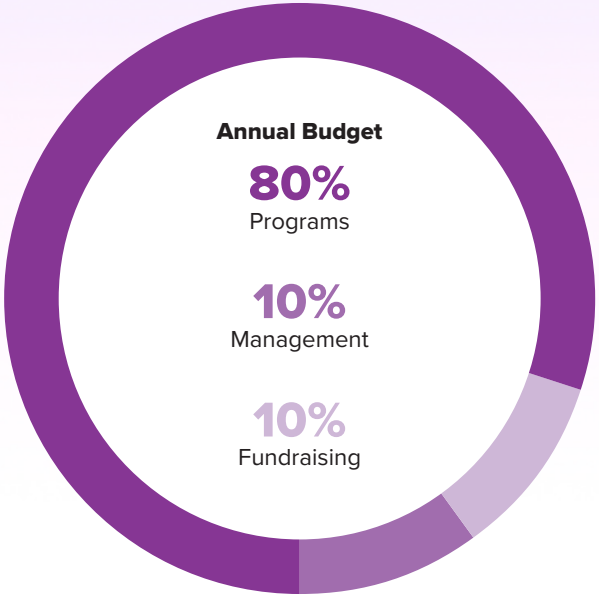
Seren Julian
Co-Founder, Teens for Courage at Levine Middle College High School

Amethyst Donors ($5,000+)

Serena Cockrell
Nina & James Jackson
Norman & Monica George
Michelle & Quonta Vance
Robyn Withrow
Crystal Rilee

Circle of Courage Donors ($1,000+)

Dena Diorio
Kathryn Kissam
Lorie Spratley
Simone Suber
Justin Amos
Anna Cockrell
Tracey Hoang
Avi Kagan
Mary Lamach
William Reardon
Jessica Salzman
Elizabeth Smith Shuey
Margaret Holding
Willie Ratchford
Lisa Rhyne
Roger Kiefer
Brenda Elias
Lauren Iannitti
Wyatt Dixon
John Porter
Ylida Roberson
Fulton Meachem
Darryl & Sherill Carrington
Jesse & Stephanie Broaders





Jamie Kimble Foundation for Courage | 1850 E. Third St., Suite 110, Charlotte, North Carolina 28204 | jkffc.org | 980.237.0451 |